



Happy Helpers

Jesus served the disciples when He washed their feet. You are blessed when you serve others (John 13:17). Make this towel as a reminder to help around the house without being asked.

YOU WILL NEED:

- Colored Fabric Markers
- Densely Woven White Fabric
- Plain Weave Fabric
- Kitchen Towel
- Thread
- Needle
- Pencil
- Ruler
- Scissors



DIRECTIONS:



1. Wash, dry and iron the kitchen towel and fabric.



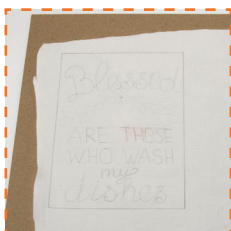
5. Cut out the white fabric with a $\frac{1}{4}$ " seam allowance all around. Sew this white piece to the plain weave fabric. Cut out the plain fabric leaving $\frac{1}{2}$ " seam allowance on all sides.



2. Measure and outline the place on the towel where you will put the applique.



6. Pull out loose threads from the edges of the plain weave fabric to make a fringe.



3. Measure off the same size on the densely woven fabric. Write this phrase on it with a pencil: **Blessed are those who wash my dishes.**



7. Sew the finished applique to the kitchen towel.



4. Go over the phrase with colored fabric markers. Decorate it as you wish.



8. Fold the towel and hang it in a handy place in the kitchen.