



Kindness jar

Hey kids, do you know how good it feels to do kind things for others? Jesus went about doing good, and we can show the world His love through simple acts of kindness. Stick with this craft for some great kindness ideas!

YOU WILL NEED:

- Wide Mouth Glass Jar
- Ribbon
- Craft or Popsicle Sticks
- Pens
- Sticker Label (optional)
- Markers (optional)
- Scissors



DIRECTIONS:



1. Prepare your Kindness Jar by tying a strip of ribbon into a nice bow around the mouth of the jar.



2. If you'd like to add a label, you can call it your Kindness Jar, or even Random Acts of Kindness, (or anything you like).



3. Write an act of kindness on each stick, then put them in the jar. You can even write an idea on each side if you want. The list below has some good ideas, but be sure to add some of your own.



4. Pull out a stick every day and try to practice a random act of kindness! (It's even better if you do it without anyone knowing).

List of ideas:

1. Call a sick friend.
2. Take out the trash.
3. Bake cookies for neighbor.
4. Visit nursing home.
5. Help neighbor rake leaves.
6. Smile at someone who is sad.
7. Wash dishes for mom.
8. Help a friend in need.
9. Sing at the nursing home.
10. Read to my brother or sister.
11. Draw a picture for teacher.
12. Rake grandma's lawn.
13. Put extra money in tithe.
14. Wash your father's vehicle.
15. Pray for your pastor.
16. Spend time with your grandfather.
17. Encourage someone that has no friends.
18. Make a "Thank you" card for a veteran.