

## **BALL PARK SANDWICH SPREAD**

Program 231049

To watch this episode go to 3ABNKids.tv



## **YOU WILL NEED:**

- 1 16 oz can garbanzo beans, drained, set aside liquid for later
- 2 tablespoons fresh lemon juice
- ¼ cup Vegenaise
- 1/2 teaspoon salt, or to taste
- 1 1 lb 3 oz can Worthington/Loma Linda Veja-Links or 10 plant-based hot dogs (we used 4 Veja-Links)
- <sup>2</sup>/<sub>3</sub> cup sweet pickle relish

## **DIRECTIONS:**

- Place all ingredients, except the pickle relish, into a food processor, and blend until smooth. You can adjust the consistency by adding more of the garbanzo bean or Veja-Link liquid.
- 2. Remove from the processor into a bowl and stir in pickle relish; you can use more if desired. Serve at room temperature or refrigerate until needed.

## **YIELDS:**

20 1/4-cup servings

