



# MACARONI SALAD

Program 231045

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## YOU WILL NEED:

- 1 lb frozen petite green peas, thawed but not cooked
- 1 cup cucumber, chopped
- 2 cups elbow macaroni, cooked
- 1 clove fresh garlic, minced
- 1 red bell pepper, chopped
- 1 onion, chopped and sautéed until clear
- $\frac{2}{3}$  cup plant-based sour cream or plant-based Greek yogurt
- 1 – 16 oz can dark red kidney beans, drained and rinsed
- $\frac{1}{3}$  cup grapeseed vegenaïse
- 2 tablespoons fresh lemon juice
- salt to taste

## DIRECTIONS:

1. Mix all ingredients together in a large bowl. Stir well to coat all vegetables.
2. Serve at once or chill up to 24 hours.

## YIELDS:

20 –  $\frac{1}{2}$  cup servings